

Visitor Guide to the Bristol Urological Institute & Southmead Hospital

How to get to Southmead Hospital

By motorway



Bristol is well served with excellent road links. The M4 and M5 put both London and Birmingham within a two-hour drive from Bristol. The M32 links the M4 motorway into the centre of Bristol. Cardiff can be reached in less than an hour over the Second Severn Crossing.

From the M4 – (from London): Leave the motorway at Junction 19 and this will take you on to the M32 (to Bristol). Almost immediately, leave the M32 at Junction 1 and take the right-hand lane, following signs for the A4174, sign-posted to Parkway Station. Staying on the A4174, proceed along the dual carriageway, passing the Forte Posthouse Crest Hotel on your left and through two sets of traffic lights. At the traffic-light-controlled roundabout (Ministry of Defence on your left, Sainsbury's supermarket on your right) continue to follow the signs for the A4174. Continue along the dual carriageway, passing through two more sets of traffic lights. At the approach to Filton roundabout at the top of the hill, move into the filter lane on the left to join the A38 heading towards central Bristol. Go straight over at one mini-roundabout (St. Andrews Church and Filton Police Station on the left) and another at the junction alongside Filton Park shops. Continue along the A38 passing Monks Park School on your right. As you approach the traffic lights at Monks Park, get into the right-hand lane to turn into Monks Park Avenue. Southmead Hospital is approximately a quarter of a mile along the road, on the left-hand side. The entrance has an automatic barrier. The Minor Injuries Unit should be to your left.

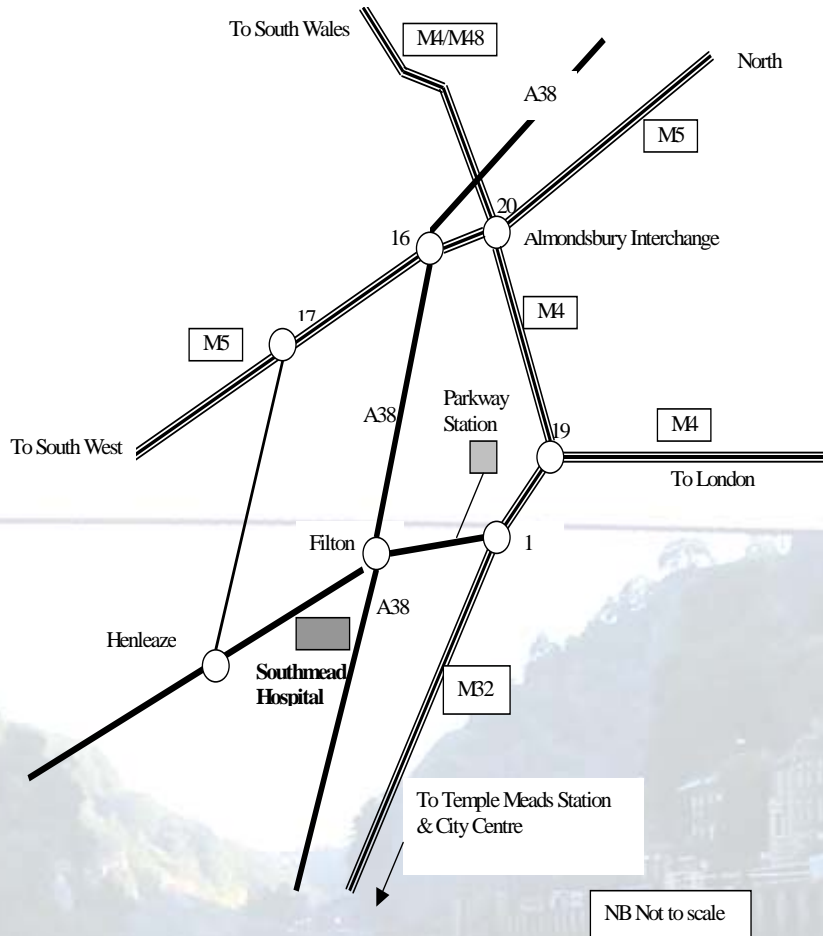
From the M5 – Leave the motorway at Junction 16 (on the interchange) and join the A38 into Bristol. Proceed along the A38 as outlined below*.

From the M4 – (from South Wales): At the Almondsbury Interchange (Junction 20), join the M5 (signposted South West) and at Junction 16 on the interchange, leave the motorway and follow the signs for the A38 to Bristol. *Proceed along the A38 (dual carriageway – 40mph limit), straight across at the Aztec West roundabout and follow the signs to Filton, passing the Royal Mail building and aircraft runway on your right, Filton College on your left. At the top of the hill go straight across at Filton roundabout. Continue along the A38 (Gloucester Road North). Straight over one mini-roundabout (St. Andrew's Church and Filton Police Station on the left) and another at the junction alongside Filton Park shops. Continue past Monks Park School (on your right). As you approach Monks Park traffic lights, get into the right-hand lane to turn into Monks Park Avenue. Southmead Hospital is approximately a quarter of a mile along the road, on the left-hand side. The entrance has an automatic barrier. The Minor Injuries Unit should be to your left.

By car – other routes



From the centre of Bristol, i.e. the main Broadmead Haymarket roundabout – join the A38 North (to Gloucester). Proceed along the A38 for approximately 3 miles (passing through Stokes Croft, Cheltenham Road and Gloucester Road) to Horfield. After passing Horfield Sports Centre on your left, turn left at the second set of traffic lights into Monks Park Avenue. Southmead Hospital is approximately a quarter of a mile along the road, on the left-hand side. The entrance has an automatic barrier. The Minor Injuries Unit is on your hand side.



By train



The city is served by two principal railway stations, Bristol Temple Meads located in the centre of the city, and Bristol Parkway serving the north of the city. Bristol Parkway is the most convenient station to the Bristol Urological Institute, approximately 15 minutes away by car.

By plane



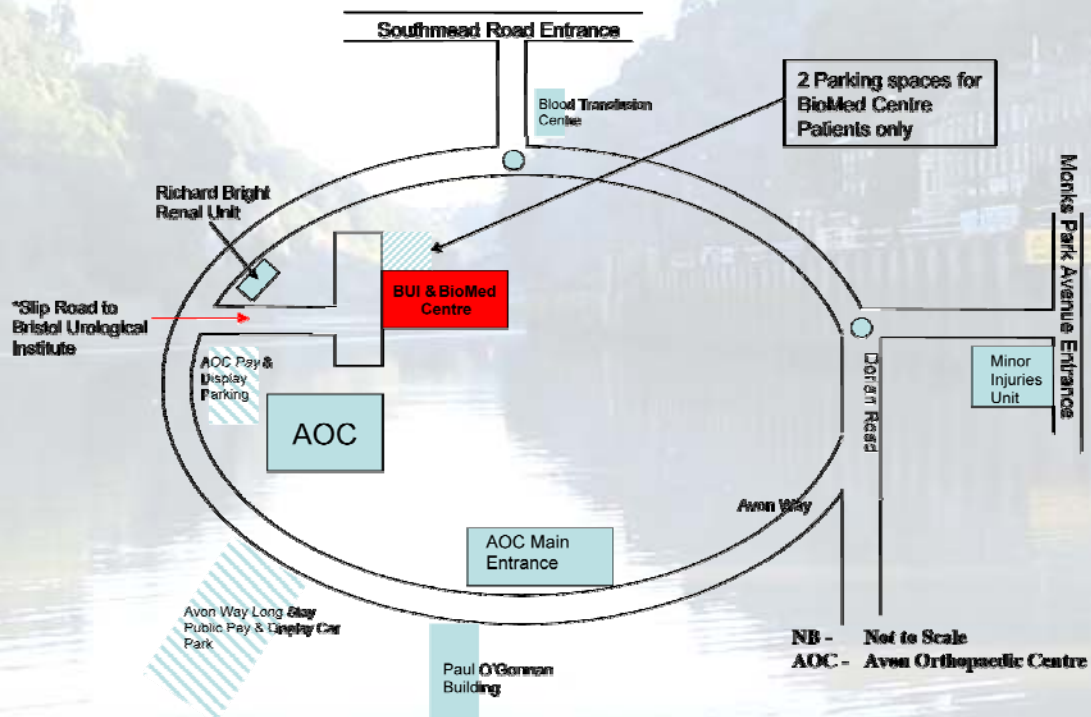
Bristol is also served by its own airport, Bristol International (BRS), at Lulsgate. Tel: +44 (0)871 334- 4344. Bristol airport is connected by Continental through Newark NJ to the USA. It is possible to fly by Easyjet from many European cities and, in addition, we are linked to the large hubs of Amsterdam, Brussels, Paris and Frankfurt. The BUI is approximately a 30 minute drive from the airport.

Parking

The main parking is the Avon Way Long Stay Pay and Display Car Park. An alternative is the Avon Orthopaedic Centre (AOC) Pay and Display Car Park which is marked below on the map but has fewer spaces available. The cost of parking is £6 per day however a weekly ticket is £10. The tickets can be purchased from the machine in the car park but please note the machines do not accept bank notes.

Where to go next

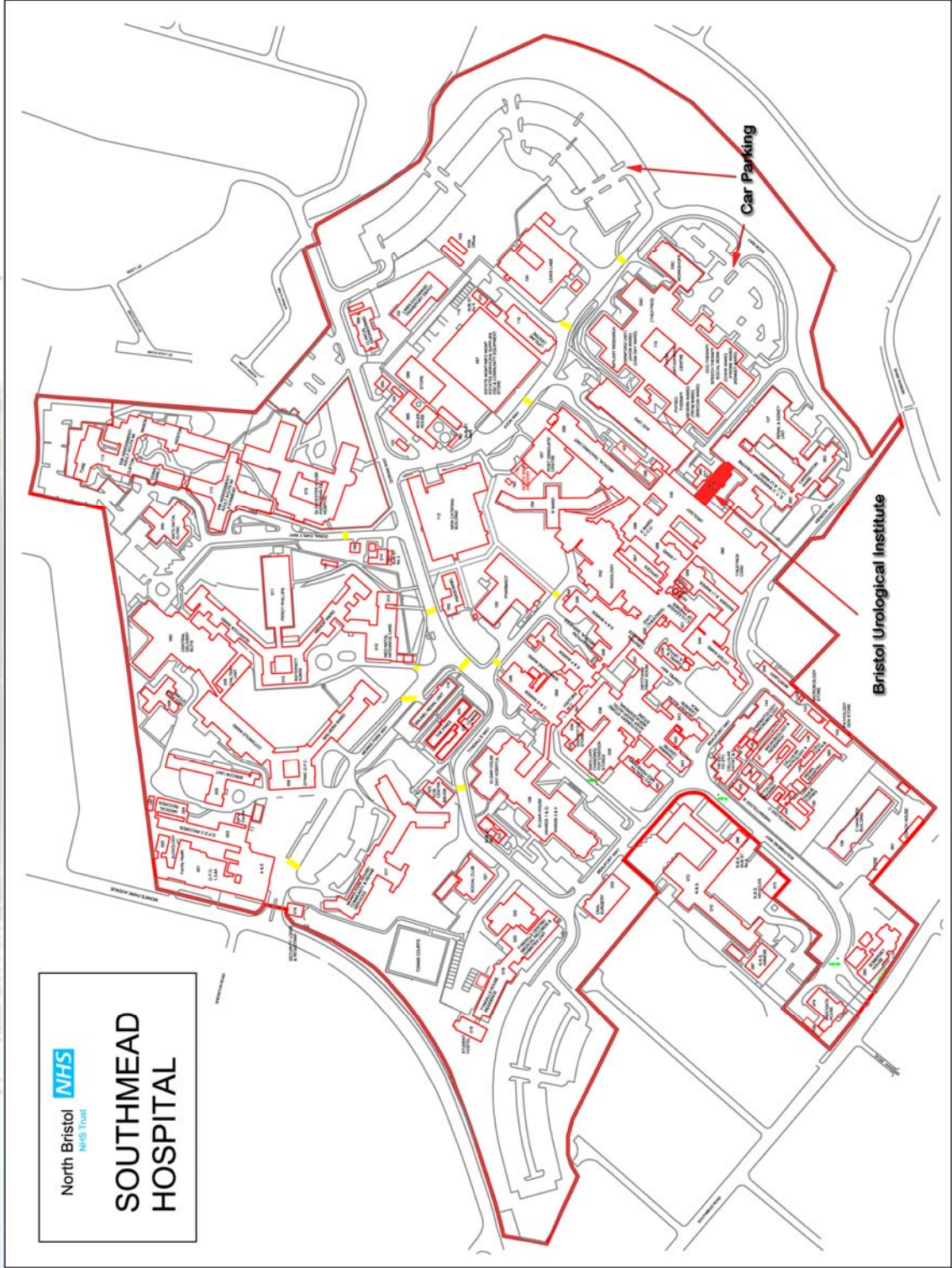
To find the Bristol Urological Institute from the Avon Way Long Stay car park, turn left at the entrance barrier and follow the road round until there is a *junction (marked Bristol Urological Institute). Turn right into junction and follow road to the end. The BUI building is situated to the left and the entrance is via the BioMed Centre. There is an intercom system here. Press the top button and you will be let in. The Bristol Urological Institute is situated on the top floor. From the Avon Orthopaedic Centre (AOC) Car Park you turn right and follow the road to the junction marked Bristol Urological Institute and follow the directions as above to the building.



A detailed map of Southmead Hospital follows on the next couple of pages, we are located towards the bottom right, and the BUI building is numbered 117.

North Bristol **NHS**
NHS Trust

SOUTHMEAD HOSPITAL



Accommodation – within the hospital

There is limited hospital accommodation. If you would like to enquire about staying within the hospital please contact Hospital Accommodation. Telephone +44 (0)117 959-5050 extn: 3350 or email margaret.vanstrien@nbt.nhs.uk

Accommodation – Hotels

Henbury Lodge Hotel***

Station Road
Henbury
Bristol
BS10 7QQ
Tel: +44 (0)117 950-2615
Web: www.henburylodgehotel.com
Approximate distance from the BUI 4.33km

Avon Gorge***

Sion Hill
Clifton
Bristol
BS8 4LD
Tel: +44 (0)117 973-6882
Web: www.theavongorge.com
Approximate distance from the BUI 6.63km

Hotel du Vin****

The Sugar House
Narrow Lewins Mead
Bristol
BS1 2NU
Tel: +44 (0)117 925-5577
Web: www.hotelduvin.com
Approximate distance from the BUI 5.68km

The Berkeley Square Hotel**

15 Berkeley Square
Clifton
Bristol
BS8 1HB
Tel: +44 (0)117 925-4000
Web: www.cliftonhotels.com
Approximate distance from the BUI 6.23km

Marriott Royal****

College Green
Bristol
BS1 5TA
Tel: +44 (0)117 925-5100
Web: www.marriott.co.uk
Approximate distance from the BUI 6.24km

Hotel Ibis Bristol Centre**

Explore Lane
Bristol
BS1 5TY
Tel: +44 (0)117 989-7200
Web: www.ibishotel.com
Approximate distance from the BUI 6.57km

Accommodation – Guest Houses

Downs Edge

Saville Road
Stoke Bishop
Bristol
BS9 1JA
Tel: +44 (0)117 968-3264
Web: www.downsedge.com
Approximate distance from the BUI 3.99km

Mayfair Lodge

5 Henleaze Road
Westbury-on-Trym
Bristol
BS9 4EX
Tel: +44 (0)117 962-2008
Web: www.mayfairlodge.co.uk
Approximate distance from the BUI 2.75km

Westbury Park

37 Westbury Road
Bristol
BS9 3AU
Tel: +44 (0)117 962-0465
Web: www.westburyparkguesthouse.co.uk
Approximate distance from the BUI 2.64km

Downs View Guest House

38 Upper Belgrave Road
Bristol
BS8 2XN
Tel: +44 (0)117 973-7046
Web: www.downsviewguesthouse.co.uk
Approximate distance from the BUI 4.38km

Downlands House

33 Henleaze Gardens
Bristol
BS9 4HH
Tel: +44 (0)117 962-1639
Web: www.downlandshouse.com
Approximate distance from the BUI 2.62km

Ferndale Mews

3 A Southfield Road
Westbury-on-Trym
Bristol
BS9 3BG
Tel: +44 (0)750 820-4322
Web: www.ferndalemews.co.uk
Approximate distance from the BUI 2.46km

Useful Information

Bristol Urological Institute
Southmead Hospital
Bristol
BS10 5NB
Tel: +44 (0)117 959-5690
Web: www.bui.ac.uk

Southmead Hospital
Westbury-on-Trym
Bristol
BS10 5NB
Tel: +44 (0)117 950-5050
Web: www.nbt.nhs.uk

Streamline Taxis
Tel: +44 (0)117 926-4001

Trymside Taxis
Tel: +44 (0)117 987-7799

Alpha Taxis
Tel: +44 (0)117 921-1211

Abba Taxis
Tel: +44 (0)117 904-7777

Bob's Cabs
Tel: +44 (0)117 979-2261

Patchway Taxis
Tel: +44 (0)117 969-6799

About Bristol

Bristol is a city, unitary authority, and ceremonial county in the South West of England, 169km west of London. With a population over 410,000 and urban area of over 550,000 it is England's sixth most populous city, and the United Kingdom's eighth most populous city, one of England's core cities and the most populous city in South West England. It received a Royal Charter in 1155 and was granted County status in 1373. From the 13th century, for half a millennium, it ranked amongst the top three English cities after London, alongside York and Norwich, until the rapid rise of Liverpool, Birmingham and Manchester during the Industrial Revolution in the latter part of the 18th century. It borders the counties of Somerset and Gloucestershire, also located near the historic cities of Bath to the south east and Gloucester to the north. The city is built around the River Avon, and it also has a short coastline on the estuary of the River Severn where it flows into the Bristol Channel.

The 2009 DK Travel Guide named Bristol as one of the top 10 cities in the world to visit. It recommends a short break in Bristol, the only UK city in the top 10, for its shopping facilities, 'green' appeal, and charming neighbourhoods. DK said: "Bristol is often overlooked in favour of its more picturesque neighbour Bath, which tends to get a lot more attention. If you haven't been to Bristol though you really should, the different pockets of the city have their individual charms and that's why we included it in DK's 2009 list."

A Fairtrade City, the UK's first Cycling City and a city truly dedicated to sustainable living - it's not difficult to see why Bristol has earned its proud status as a Green Capital. All of these credentials, along with over 450 parks and green spaces, proportionately more than any other UK city, makes Bristol a real contender for the title of 'Greenest City in Europe'.

If you have time to spare then there is plenty for you to see and do in Bristol. Further information is available from the Bristol Tourist Information Centre, Harbourside, Explore At Bristol, Anchor Road, Harbourside, Bristol BS1 5DB. Tel: +44 (0)906 711 2191 (50p/min). www.visitbristol.co.uk

We really hope you enjoy your stay in Bristol and visit to the Bristol Urological Institute